Help is Just a Phone Call Away

Through compassionate care and clinical excellence, Georgetown Behavioral Health Institute is committed to the wellness of individuals, their families and the community through prevention, intervention and treatment. We do this by offering a full spectrum of inpatient and outpatient services in a warm, inviting atmosphere where patients actively participate in their own treatment.

Admissions

Our admission process is simple and there is always 24 hours access to an admissions counselor to discuss treatment options. Come in anytime for a free, confidential assessment.

We accept most major insurances as well as Medicaid, Medicare & Tricare.

(512) 819-1154 | Fax: (512) 819-1111
3101 S Austin Ave., Georgetown, TX 78626
www.GeorgetownBehavioral.com

Georgetown Behavioral Health Institute does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, color, national origin, disability, or age in admission to, participation in, or receipt of the services and benefits under any of its programs and activities. In case of questions, please contact the hospital Patient Advocate at 512-819-1154
**Adult Inpatient Programs**

**Roots In Recovery**
Our adult inpatient evidence-based programs have roots in five basic principles: Illness Education, Identifying Triggers, Learning Self-Regulatory Behaviors, Defining Recovery and Prevention Planning. Our Roots In Recovery programs support stabilization and healing and are designed to help individuals live healthy, satisfying and self-directed lives.

**Inpatient Treatment (Coed Adult)**
- Comprehensive evaluation
- Complete medication management
- Group, individual, recreational & family therapies
- Thorough resource-rich discharge plan

**Detox and Dual Diagnosis Programs**
- Detoxification under medical supervision
- 12 Step programming
- Education and therapy for co-occurring disorders

**Partial Hospitalization Program (PHP)**
- All of the features of inpatient care but without necessity for 24-hour monitoring/hospitalization
- May be an option after discharge or may serve to prevent hospitalization

**Intensive Outpatient Program (IOP)**
- Structured group therapy designed for those patients who are stable but continue to struggle with symptoms

See our website for a schedule.

**The Specialty Programs At GBHI**

**Women’s Services**

The **Lotus Program** is a unique female-only program that provides a safe, healing environment for women who seek treatment for behavioral health issues related to psychiatric illness, trauma or substance abuse.

**Program Components:**
- Therapeutic group work
- Expressive therapy
- Experiential therapy
- Yoga & recreational therapy
- Exercise and nutrition
- Illness education
- 12 Step Programs

**Geriatric Services**

The **Reflections Geriatric Program** is an inpatient program that provides care for older adults struggling with acute mental health issues. It offers a safe and secure environment managed by a multidisciplinary team of geriatric psychiatrists, nurses, social workers and recreational therapists. Each patient receives an individualized, effective treatment plan as well as comprehensive discharge planning.

**Program Components:**
- Individual & group therapy
- Family therapy & support
- Individualized treatment plan
- Expressive & recreational therapy

**Adolescent Programs**

(Boys and Girls ages 12-17)

The **Healing Hearts Program for Girls** and **The Compass Program for Boys** helps teen and families identify and process through issues that are keeping them from thriving, being happy, and hindering their ability to function within their families and the community. At the heart of our programs are these key concepts: building resiliency, self-reflection, empathy, affect regulation, and mindfulness. These gender-specific inpatient programs help teens learn skills designed to build upon inherent strengths as they begin to engage and communicate in a healthy and effective way.

**Program Components:**
- Individual & group therapy
- Family therapy & support
- Individualized treatment plan
- Expressive & recreational therapy

**Intensive Outpatient Program (IOP)**
Our Intensive Outpatient Program meets two evenings and one weekend morning during the week to offer teens therapeutic support intended to prevent hospitalization. The program is designed to meet the unique needs of adolescents who are struggling to function successfully within the home, community, or at school.

See our website for a schedule.