### Assessment, Admissions, & Referrals

At GBHI we are committed to providing thorough, in-depth bio-psycho-social assessments to ensure safety and proper level of care for the patient.

All assessments are completed by a licensed professional. During the assessment process an evaluation will determine if acute inpatient hospitalization, partial hospitalization, intensive outpatient programming or another community resource would be most appropriate for that individual.

#### The Facility



Our facility is state of the art, including a gym, five outdoor patios, and a gorgeous duck pond.





Assessments are always at no cost and available 24 hours a day 7 days a week.

For referrals or a free assessment call:

512-819-1154

Georgetown Behavioral Health Institute does not exclude, deny treatment to, or discrimnate against anyone on the basis of race, national origin, disability, or age. All admissions to the hospital are determined by a Physician.

# Find Us



3101 S. Austin Ave. Georgetown, TX 78626

512-819-1100 Fax: 512-819-1110 www.georgetownbehavioral.com

# Adult Inpatient & Outpatient

### Adult Programs

Ages 18+

#### Inpatient

- Psychiatric Intensive Care Unit (PICU)

A treatment program for those experiencing an acute psychiatric crisis that includes agitation or serious aggressive behavior. This unit provides very close staff support and supervision for safety. As soon as possible, they may move into the next phase of treatment on another unit.

- Adult General Psychiatric Unit

A treatment program for patients to stabilize as quickly as possible and begin developing necessary coping skills in a supportive and safe environment.

- Detoxification and Dual Diagnosis

A treatment program for patients with substance abuse disorders with or without other co-occurring psychiatric conditions.

- Halo Program

An evidence-based treatment program for men and women from all branches of the U.S. Military.

- Older Adult Psychiatric Unit (Ages 55+)

The GBHI

Difference

A psychiatric treatment program for older adults with some medical needs.

All treatment programs at GBHI offer consultations with a psychiatrist, group therapy, family therapy, recreational activities, and family visitation.



#### Outpatient

Our 2-3 week long outpatient treatment programs provide a supportive environment for individuals to practice new coping skills.

- Partial Hospitalization Program (PHP)

Adults will also be seen by one of our providers for medication management needs, seen by a therapist, and attend therapeutic groups. It assists in aftercare planning as well as providing family therapy.

- Intensive Outpatient Program (IOP)

Adults will participate in therapeutic groups and be seen by a therapist.

Therapeutic Groups: Nursing Education, Pet Therapy, Yoga, Expressive Arts Therapy, and Mindfulness.

1

#### Clinical Excellence

We strive to provide clinical services that achieve evidence-based therapeutic outcomes, while being individualized for each person.

2

### Continuum of Care

We know each person we serve is grounded in life outside the hospital so we help tie care together for seamless transitions back into the community.

3

#### Community Needs

We develop our programs based upon the needs of our communities rather than a prescribed set of services.

Our Mission to You & Core Values

To provide the highest quality, compassionate health care to our clients, families and others in need, through a comprehensive array of services anchored in exceptional service and deliberate expectations for the very best clinical outcomes.

Our Core Values include Service, Teamwork, Attitude, Respect and Standards.

#### About GBHI

Georgetown Behavioral Health Institute (GBHI) is a 118-bed acute care psychiatric hospital offering comprehensive mental healthcare programs and services for adults, adolescents, active duty military members, and older adults. In addition to offering inpatient acute care services, we provide outpatient programs that help support patients as they discharge or as an alternative to hospitalization.

# Treatment Team

Our dedicated team of psychiatrists, nurses, therapists, social workers, case managers, and trained support staff at GBHI make all the difference in quality care.

Our unique case management process begins discharge planning from day one of admissions which ensures that each patient has an individualized plan in place to support successful treatment outcomes.

Our expert clinicians are uniquely skilled to handle complex cases and use a variety of treatment modalities on each unit.



