

Assessment, Admissions, & Referrals

At GBHI we are committed to providing thorough, in-depth bio-psycho-social assessments to ensure safety and proper level of care for the patient.

All assessments are completed by a licensed professional. During the assessment process an evaluation will determine if acute inpatient hospitalization, partial hospitalization, intensive outpatient programming or another community resource would be most appropriate for that individual.

The Facility



Our facility is state of the art, including a gym, five outdoor patios, and a gorgeous duck pond.

GEORGETOWN 
Behavioral Health Institute



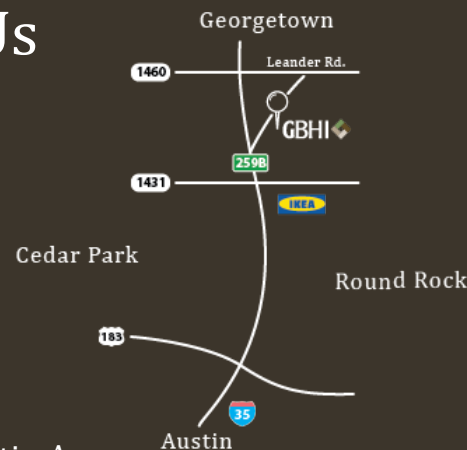
Assessments are always at no cost and available 24 hours a day 7 days a week.

For referrals
or a free assessment call:

512-819-1154

Georgetown Behavioral Health Institute does not exclude, deny treatment to, or discriminate against anyone on the basis of race, national origin, disability, or age. All admissions to the hospital are determined by a Physician.

Find Us



3101 S. Austin Ave.
Georgetown, TX 78626
512-819-1100 Fax: 512-819-1110
www.georgetownbehavioral.com

Adolescent
Inpatient & Outpatient

Adolescent Programs

Ages 12 - 17

We recognize that a hospitalization or participation in an intensive outpatient program is a small part of life that can take on huge proportions. Our goal at GBHI is to help ease the transition back into the community with hope and healing for the children and adolescents we work with.

We build upon inherent strengths to change behaviors and thought patterns into pathways for healthy growth. Building resiliency, self-reflection, empathy, affect regulation and mindfulness lay the foundation for this pathway.



Inpatient

This program offers a safe and structured environment with a daily schedule to develop stabilization.

We build upon patient's strengths and focus on building resiliency, self-reflection, empathy, affect regulation and mindfulness to change behaviors and thought patterns into pathways for healthy growth.

The program's cognitive behavioral milieu offers patient's new ways to think about feelings they're experiencing. They practice crucial coping skills with support of staff to help process and learn before returning to the community.

Outpatient

Our 2-3 week long outpatient treatment programs provide a supportive environment to practice skills while attending UT Charter School.

- Partial Hospitalization Program

Adolescents will be seen by one of our providers for medication management needs, seen by a therapist, and attend therapeutic groups.

- Intensive Outpatient Program

Adolescents will participate in therapeutic groups and be seen by a therapist.

Therapeutic Groups: Nursing Education, Pet Therapy, Yoga, Expressive Arts Therapy, and Mindfulness.

1

Clinical Excellence

We strive to provide clinical services that achieve evidence-based therapeutic outcomes, while being individualized for each person.

2

Continuum of Care

We know each person we serve is grounded in life outside the hospital so we help tie care together for seamless transitions back into the community.

3

Community Needs

We develop our programs based upon the needs of our communities rather than a prescribed set of services.

The GBHI Difference

Our Mission to You & Core Values

To provide the highest quality, compassionate health care to our clients, families and others in need, through a comprehensive array of services anchored in exceptional service and deliberate expectations for the very best clinical outcomes.

Our Core Values include Service, Teamwork, Attitude, Respect and Standards.

About GBHI

Georgetown Behavioral Health Institute (GBHI) is a 118-bed acute care psychiatric hospital offering comprehensive mental healthcare programs and services for adults, adolescents, active duty military members, and older adults. In addition to offering inpatient acute care services, we provide outpatient programs that help support patients as they discharge or as an alternative to hospitalization.

Treatment Team

Our dedicated team of psychiatrists, nurses, therapists, social workers, case managers, and trained support staff at GBHI make all the difference in quality care.

Our unique case management process begins discharge planning from day one of admissions which ensures that each patient has an individualized plan in place to support successful treatment outcomes.

Our expert clinicians are uniquely skilled to handle complex cases and use a variety of treatment modalities on each unit.



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